# THE HELPING HAND OF NATURE

Healthy by nature: high-quality, wholesome products from Switzerland

Since ancient times, whey has been recognized as having curative properties to relieve ailments of the liver, skin, gout, digestive disorders and for general well-being. After 2,500 years, whey is still used with similar principles, virtually unchanged.

## What is Whey?

Whey protein is an all-natural, high quality protein source derived from the liquid residue from milk after cheese-making. It contains proteins that have a maximum bioavailability (albumin and globulin). It is rich in minerals, lactose and vitamins, is virtually fat free and is very low in calories. Biosana Whey contains vitamins A, the B group, C, D and E. Biosana Whey proteins are contained to include 8 essential amino acids, isoleucine, leucine, lysine, methionine, phenylalanine, threonine, tryptophan and valine.

### What does Biosana Whey do for the body?

Whey can be used to treat liver and skin afflictions, gout, digestive system problems and for general well-being. Biosana Whey, with its added mineral salts for neutral pH, contains 12% of protein left in their natural environment, with high biological value and their specific effect to strengthen the immune system. When taking complete Whey, we profit from the minerals, vitamins and other constituents, in addition to the protein value. It stimulates toxin elimination through the liver and the kidneys. Biosana Whey products are rich in alkaline mineral salts (potassium, sodium, phosphorous, calcium, magnesium) which allows it to compensate for organic acidity and maintain the acid-alkaline balance. Its high potassium content yields diuretic properties. Biosana Whey stimulates the digestion and maintains healthy intestinal flora. It is a powerful energizer that improves physical performance. Biosana Whey is also a gentle but effective bowel stimulant; calcium is an essential mineral for building bones and teeth; magnesium is necessary for normal muscle functioning and the energy metabolism.

#### Biosana Whey product range, in a variety of tasty flavours

Whey Granules (with all-natural fruit powders and xylitol) and candy Bon-bons.

#### What are the benefits of Biosana Whey products?

Biosana Whey products contain no sugar, are low in fat and calories, are free of cholesterol, salt and starch, are practically casein free, do not trigger allergies and are easily digestible. The only counterindication is for people with lactose intolerance.

The Whey granules are especially suitable as a thirst quencher, the calming

of hunger, or as a breakfast drink. Biosana Whey is particularly interesting for sports lovers. Also, the candy Bon-bons are ideal for in-between snacks and energizers. Biosana Whey has been produced using non-invasive methods and sustainable harvesting. It has not been tested on animals and has no genetically modified substances.



Acid-base Neutrality for your Well-being.

100% Swiss - Produced with quality, ethics and Conscience





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